

Journal Publications

1. Presented a paper on **“SangallakeyaPadalkalilKadavul valipattumurai”** in the International Conference (P-ISSN: 2321-788X) Organized by the Department of Tamil Thiruvalluvar College, Papanasam.Tirunelveli on 24-03-2020
2. presented a paper **“cittrailakkiyattil manitaneya manpukal”** in the International Conference on Virtues & Spirituality in Tamil Literature (ISSN:2321-0737) Organized by the Department of Tamil, NGM College, Pollachion 18-07-2019.
3. Participated and presented a paper on **“ Health and Mendel Wellness through Yoga ”**in the International Seminar on “The Success of Modern Life Lies in Harmony with Nature” Organized by the Department of Human Excellence, NGM,Pollachion 27-07-2018.
4. Presented a paper on **“Yogic Dieatary Life stile”** in the published **Madhya Bharti** :ISSN0974-0066 with IF=6.28,Vol.82,No.09,December :2022UGC Care Approved, Group I ,Mult –disciplinaary Referred Journal